

EUROPEAN EQUINE FACILITATED THERAPY NETWORK (EEFTN)

A dynamic group based in Europe working to develop education, practice and research in the field of EFT.



Who we are?

- Founded in April 2019
- A group of Equine Facilitated Therapy (EFT) associations and practitioners from all over Europe working together to share experience and exchange ideas in order to promote best practice, further research, education and development and to support one another.
- EEFTN connects therapists on the international level; however, it also promotes national associations and the cooperation of practitioners within their countries.



34 members from 17 countries

New colleagues are welcome!



EEFTN





Why do we cooperate and share?

Networking creates collective resources for equinefacilitated physiotherapy.

The benefits are in sharing knowledge, skills and expertise from different perspectives on the theory and practice of equine facilitated therapy.

You can share your practice, consult patients' cases, selection of equipment.

Network helps discovering other "points of view", "open our mind" and get us to pay attention in daily practice.

Connection and quality care assurance.

To connect, share, and develop best practice in unity.

To connect to colleagues and share ideas and experiences.

This network is perfect to learn from each other, to ask questions, to share knowledge, ideas and experiences in a group where everyone has the same passion.

To exchange ideas and experiences as far as the equine facilitated physiotherapy sessions concern and being keen on spreading this idea in the right way...

To promote best practice, and connect therapists across Europe for inspiration and education.

To connect and share with others practicing in this very specific field. To be part of a community of learning and support in working towards providing best practice to all those whose lives we touch.



Why do we cooperate and share?

Being a part of this network is very good encouragement and source of knowledge and support for new specialist as me.

I am quite new in this network. I hope for new ideas and knowledge, to be connected as well!

EEFTN helps to keep the right way, to improve the EFT practice both in my work and the whole country (Russia). One head is good, but 43 are better. (There are 43 countries in Europe, as a continent).

To get ideas, inspiration and arguments for new elements and tasks to the equine facilitated physiotherapy education in my country and make it more similar to the education in the other European countries.

What it means to me.... To be educated, valued and supported by a knowledgeable, passionate and friendly group.

To be connected to therapists from entire Europe who are practicing hippotherapy is encouraging and refreshing: sharing our experiences, discussing topics and challenges from the field is putting wind in my sails.

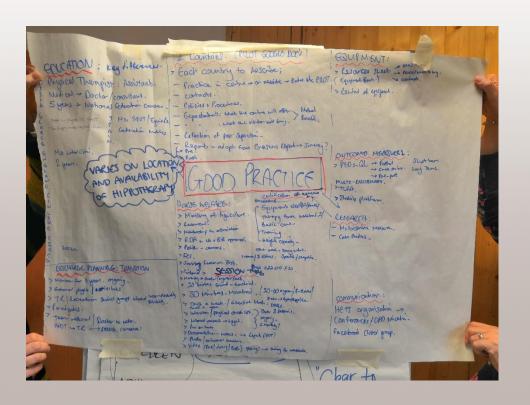
I am also quite new, and I hope to get an overview how EFPT is practiced in the other countries of Europe. Also I am looking forward to international contacts with colleagues.

This network is best inspiration to work!



Sub-groups development

- Education setting standards and competencies in EFT
- Reserving the knowledge working on case study guidelines for EFT educational courses within Europe to get data for future studies and researche
- **Best practice** creating an online resource for all therapists working with horses as their therapeutic medium
- *Case-study presentation* 'safe space' for therapists to share their work and discuss without criticism and judgement



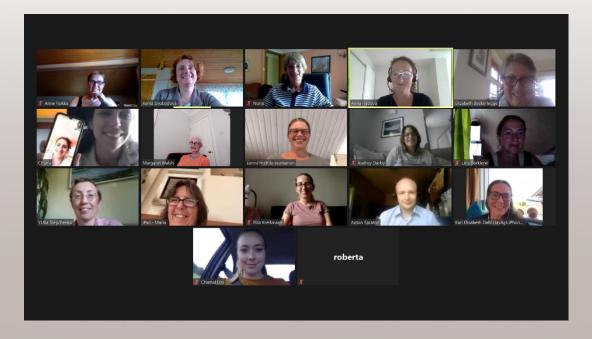


How do we work together?

Face to face



Virtual meetings





How do we communicate?

Email



WhatsApp group







Inspiration for learning and networking through open minded collaboration



PT ROUND TABLE

Margareta Håkanson - Sweden Sanna Matilla Rautiainen - Finland Dorothée Debuse - Germany Joanna Parsons — United Kingdom Vera Lantelme — Czech Republic

Questions for the breakout rooms:

A: What input do we need from Practice, Education and Research?

B: What input can come from us to Practice, Education and Research?

