



THE CZECH EQUINE FACILITATED THERAPY ASSOCIATION

CZECH REPUBLIC, EUROPE

Věra Lantelme-Faisan, CEFTA Chairwoman and HETI Board member





CEFTA

- Founded in 1991
- Non-government and not-for-profit organisation
- 61 EFAT centers
- 6000 clients per year
- 257 certified therapy equines
- Educational system
- Research



15.05.2021

2



VISION

To be an independent and respected organisation promoting the best EFT practice in the CR.

MISSION

- To bring together people interested in EFT.
- To organize and conduct conferences, workshops, internships and specialized courses.



15.05.2021

3



VISION AND MISSION

- To be an information source.
- To provide expert consultations.
- To publish methodologies and industry standards for each EFT disciplines.
- To promote and ensure equine welfare standards.
- To assess the eligibility of therapy equines.



15.05.2021

4



MEMBERSHIP

- CEFTA associates physical, occupational and speech therapists, physicians, psychologists, nurses, social workers, special educators and riding instructors.
- Membership is open to everyone working with equines in the health and social care fields, education and para-equestrian.
- EFT clients and their family members are most welcome as well



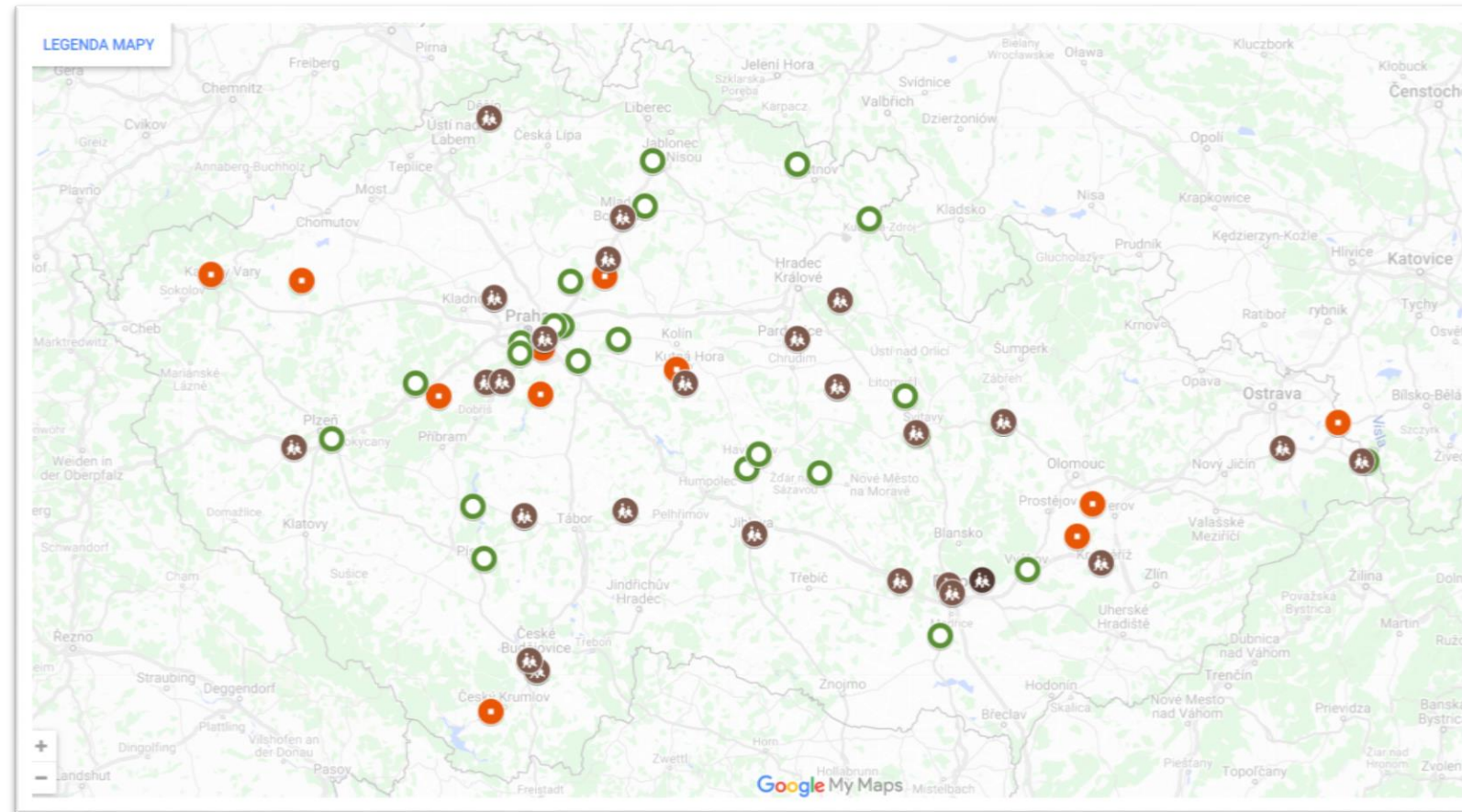
15.05.2021

5



CEFTA MEMBERS

- 61 EFT centres
- 84 individual members





CENTRE ACCREDITATION PROGRAM

- since 2013

Center membership is divided into 4 categories:

- Accredited EFT training center
- Accredited EFT center
- Registered center
- Associated center



15.05.2021

7



Equine welfare in CEFTA

1. RULES FOR PROTECTION THERAPY EQUINES IN EFAT
 - Since 2009
2. THERAPY HORSE CERTIFICATION PROGRAM
 - Since 2011
 - The purpose of this specialized testing system is to verify equine characteristics and its acquired skills that meet the needs of a therapy equine.
 - CEFTA committee visit the EFT centre evaluating the equine, its environment, way of handling and care with a focus on equine welfare





THERAPY HORSE CERTIFICATION PROGRAM

- The therapy equine certification program puts particular emphasis on the examination of the equine's movement pattern and its character and reactions.
- Each equine successfully passing the exam will get the license and special label on its stabling



15.05.2021

9



EQUINE FACILITATED THERAPY PROGRAMS

- EQUINE FACILITATED LEARNING
 - Group and individual settings
 - Children from 4 years and adults
 - Specially trained instructors focus on educational and social issues



15.05.2021

10



EQUINE FACILITATED THERAPY PROGRAMS

- EQUINE FACILITATED PSYCHOTHERAPY
 - Group and individual settings
 - Children from 4 years and adults
 - Specially trained therapists focus on patients with psychological problems



15.05.2021

11



EQUINE FACILITATED THERAPY PROGRAMS

- EQUINE FACILITATED PHYSIOTHERAPY AND OCCUPATIONAL THERAPY
 - Individual settings
 - Specially trained therapists focus on children and adults with movement problems



15.05.2021

12

HE

EQ

• E





Para-equestrian sport





Post-covid program

- New program focusin on:
 - clients with „long covid“ symptoms
 - solving the burnout syndrome in healthcare workers and other on the frontline
 - families
 - children



15.05.2021

15




Education

- To promote the best expertise, effectiveness, and safety in EFT
- Specialized courses for professionals in Equine Facilitated Physiotherapy and Occupational Therapy, Equine Facilitated Learning and Psychotherapy and Assistants
- Advance courses and workshops
- In Czech and English languages
- Face to face and virtual
- A National conference every two years

<https://educationinhippotherapy.com/conference-2021/>





Hippotherapy


Methodology of hippotherapy for Cerebral palsy and Central Coordination Disorder

The Czech Therapeutic Riding Association

The Therapy Horse Certification Program

A methodology for specialized horse testing program in Equine Assisted Activities and Therapies

The Czech Therapeutic Riding Association



Zooterapie v kostce

Minimum pro terapeutické a edukativní aktivity za pomoci zvířete

Jaroslava Bicková (ed.)

15.05.2021

17





Research

- Cooperation with universities in the CR

- Mendelova
- univerzita
- v Brně
-



15.05.2021

18

HETI 2021 EOUL



EUROPEAN CONFERENCE
ON EQUINE FACILITATED
THERAPY 10 – 11 SEPTEMBER 2021

Czech Equine
Facilitated
Therapy
Association

CEFTA

PRAGUE
CZECH REPUBLIC



Czech
University
of Life Sciences
Prague

15.05.2021

19

Registration open: 10 January 2021
Early registration deadline: 30 April 2021



- **INTERNATIONAL AND CZECH SPEAKERS**
- **LECTURES AND WORKSHOPS**
- **PARTICIPATION IN PERSON OR VIRTUAL**

Topics: Equine Facilitated Physiotherapy, Occupational Therapy, Speech Therapy, Learning, Psychology and Therapy horses.

<https://educationinhippotherapy.com/conference-2021/>